

EarlyON Child and Family Centre Sackville

80 SACKVILLE STREET ROOM 107 TORONTO M5A 3E5

Family Nutrition

**Monday and
Wednesday
11:30am - 12:30pm
Birth - 6 years**

A nutrition program that promotes healthy eating, provides a hot lunch meal, multicultural food guidelines, recipes, cooking tips and opportunities for informal networking



Come and have fun!

Please speak to staff for specific programs and activities
For more information please call 647-258-9792

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