

EarlyON Child and Family Centre Danforth Site

3079 DANFORTH AVE, TORONTO ON M1L 1A8

East York Healthy Beginnings for Healthy Babies



A Free Program for Pregnant Women that will help you:

- Learn About Pregnancy and Healthy Eating
- Opportunities to talk with Public Health Nurses, Dietitians and Perinatal Settlement Workers
- Meet and Talk with other Pregnant Women
- Learn about Community Resources and Information

Dates: Every Thursday
Time: 1:30 - 3:30 pm
Location: EarlyON Child and Family Centre -
Danforth - 3079 Danforth Ave

A Canadian Prenatal and Nutrition Program -
Funded by PHAC

Come and have fun!

Please speak to staff for specific programs and activities
For more information please call 647-258-9785

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