

# EarlyON Child and Family Centre Cosburn

1108 GREENWOOD AVENUE - ENTRANCE FACES COSBURN AVENUE

January 2019					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>Program Closed</b>	<b>2</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>3</b> <b>9:00 - 11:00</b> EarlyON Drop-In  Indoor Active Play	<b>4</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>5</b> <b>9:00 - 12:00</b> EarlyON Drop-In  Reading Circle
<b>7</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>8</b> <b>9:30 - 11:30</b> Baby and Me	<b>9</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>10</b> <b>9:00 - 11:00</b> EarlyON Drop-In  Indoor Active Play	<b>11</b> <b>9:00 - 12:00</b> EarlyON Drop-In  IRS Visit	<b>12</b> <b>9:00 - 12:00</b> EarlyON Drop-In  Reading Circle
<b>14</b> <b>9:00 - 12:00</b> EarlyON Drop-In  TPH Visit	<b>15</b> <b>9:30 - 11:30</b> Baby and Me  <b>2:00 - 4:00</b> Small Group Play	<b>16</b> <b>9:00 - 12:00</b> EarlyON Drop-In  IRS Info Session  <b>1:30 - 3:30</b> Self-Regulation Workshop	<b>17</b> <b>9:00 - 11:00</b> EarlyON Drop-In  Indoor Active Play	<b>18</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>19</b> <b>9:00 - 12:00</b> EarlyON Drop-In  Reading Circle
<b>21</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>22</b> <b>9:30 - 11:30</b> Baby and Me  <b>2:00 - 4:00</b> Small Group Play	<b>23</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>24</b> <b>9:00 - 11:00</b> EarlyON Drop-In  Indoor Active Play	<b>25</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>26</b> <b>9:00 - 12:00</b> EarlyON Drop-In  Reading Circle
<b>28</b> <b>9:00 - 12:00</b> EarlyON Drop-In	<b>29</b> <b>9:30 - 11:30</b> Baby and Me  <b>2:00 - 4:00</b> Small Group Play	<b>30</b> <b>9:00 - 12:00</b> EarlyON Drop-In  <b>2:00 - 3:00</b> Let's Get Started Workshop	<b>31</b> <b>9:00 - 11:00</b> EarlyON Drop-In  Indoor Active Play		

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<p><b>EarlyON Child and Family</b> Birth - 6 years</p> <p><b>Monday:</b> 9:00am - 12:00pm <b>Tuesday:</b> Registered Programs <b>Wednesday:</b> 9:00am - 12:00pm <b>Thursday:</b> 9:00am - 11:00am <b>Friday:</b> 9:00am - 12:00pm</p> <p>Stroller Parking is outside the building. Any questions? Please call: 647-258-9785</p>	<p><b>EarlyON Child and Family Centre - Cosburn Information</b></p> <p>Welcome to your local EarlyON Child and Family Centre! All programs are free and designed to support children's play and parent/caregivers in their role as children's first teachers.</p> <p>Join us to explore early learning play activities and parenting information sessions. Enjoy nutritious snack and participate in family literacy adventures.</p>
<p><b>EarlyON Child and Family Centre - Cosburn Participant Reminders</b></p> <p>Diapers and Wipes NEED to be taken home. Dirty diapers and wipes cannot be left anywhere in or around church premise. Please ensure you take the diapers back home with you at the end of the program. If needed, please use the plastic bags provided in the washroom.</p>	<p><b>Baby and Me</b></p> <p>Every Tuesday - 9:30 am - 11:30 am Birth - 12 months</p> <p>This program features infant development and parenting information on topics of interest. Promotes parent/child interactions through singing, rhyming, stories and play actives.</p> <p><b>Please bring socks or slippers</b></p>
<p><b>EarlyON Child and Family Centre - Cosburn Professional Visits</b></p> <p><b>Early Years Integrative Resource Specialist (IRS):</b> January 11, 2019 - 9:00 - 12:00 - Program Visit January 16, 2019 - 9:00 - 12:00 - Info Session</p> <p><b>Toronto Public Health:</b> January 14, 2019 - 9:00 - 10:00 - Info Session</p>	<p><b>Active Play - Indoor Drop-In</b></p> <p>Every Thursday - 9:00 am - 11:00 am Birth - 6 years</p> <p>EarlyON - Drop-in Indoor Active Play replaces our Outdoor Active Play during these colder months. Please come and join us for our special drop-in focused on gross motor skills. We will encourage children to preform large movements with legs, arms, and their entire body.</p>
<p><b>Let's Get Started Workshop</b></p> <p>January 30 - March 6, 2019 2:00 pm - 3:30 pm</p> <p>A free program for parents and their children aged 18 months to 4 years who may need additional developmental support. Parents will receive:</p> <p>Support and information from a variety of professionals. Practical child development information and everyday strategies and ways to support your child's development.</p> <p>An opportunity to play with your children in a safe learning environment. An opportunity to meet other parents and children.</p> <p><b>This is a pre-registered program.</b></p>	<p><b>Wednesday Walks - Outdoor Activity</b></p> <p>Suspended</p> <p>Wednesday Walks have been suspended until April 1, 2019. Upon reinstating please join us every Wednesday as we take a walk in the neighbourhood. Take part in exploring and learning about our surroundings. We leave the center at 9:10 am and return close to 9:30 am. If it rains by 9:00 am, our walks are canceled and regular programming resumes.</p>
<p><b>Saturday Reading Circle</b></p> <p>Every Saturday during Drop-In Birth - 6 Years</p> <p>Join us at the end of our Early ON Drop-in for an extra special circle time with reading rhymes and songs to promote early literacy.</p>	<p><b>Self Regulation Workshop</b></p> <p>January 16, 2019 1:30 pm - 3:30 pm</p> <p>This pre-registered workshop is designed to help parents and caregivers who want to learn more about how to manage their children's behaviours and work through tantrums.</p> <p>This workshop will also help your learn how to support the development of self-regulation.</p>