

FINE MOTOR

Activity: Paper Plate Lacing

Materials: Paper plate, Thread or Wool, Hole Punch

Objective: Lacing through the holes around the paper plate

Extension: Add string on top of the plate to use as a mobile.



GROSS MOTOR

Activity: Walking on shapes

Materials: Paper, scissor, painters tape

Objective: Walking on the different shaped paper on the floor

Extension: Change with different physical movement (Jumping, crawling)



- Activity:** Flower Garden
- Materials:** Cupcake liners, Paper and glue
- Objective:** Creating flowers with cupcake liners and talk about spring weather and making garden
- Extension:** Create grass for the garden with green paper or color with green maker.



SENSORY

Activity: Cloud Dough Fun

Materials: All purpose flour, Oil , A bowl ,
Food Coloring (optional)

Objective: Mixing all the ingredient with
hands and feel texture of the dry
ingredients and the cloud dough

Extension: Add cookie cutters to make
different shapes



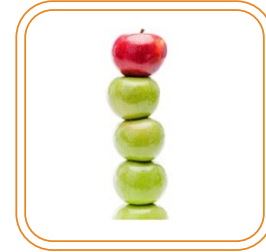
COGNITIVE

Activity: Fruit Stacking

Materials: Fruits in the home
(Apple, Orange...etc)

Objective: Experiencing how to stack fruit on top of each other and try to protect from falling.

Extension: Talk about colours of the fruits



Activity: Indoor Camping

Materials: Blanket, Sheets or Table Clothes, Pillows, Snacks, Other materials available at home

Objective: Encourage children to imagine and create the outdoor camping fun inside home

Extension: Take turns to read books or make own camping story.



NUTRITION

Activity: Zucchini Rounds

Materials: Zucchini, Feta Cheese, Tomato, Salt and Pepper

Objective: Children can help to line up the rounded zucchini and add feta cheese and tomato on the top

Extension: Use soda crackers or slice bread to make a sandwich

