

EYET EarlyON Child and Family Centres

Home Circle Time: Role-Play

Role-play is a form of play that involves children and adults accepting, assigning and acting roles of interests. It is a way to step out of reality and pretend to be someone or something different from themselves.

Song	Lyrics	Notes for Parents
Greeting (Warm Up)		
<p>The Good Morning Train</p>	<p>The Good morning train is coming, How are you? Choo ...choo The Good morning train is coming, How are you? Choo ...choo The Good morning train is coming, How are you? Choo ...choo And we say hello to: How are you? Choo ...choo And we say hello to: How are you? Choo ...choo And we say hello to everyone How are you?</p>	<ul style="list-style-type: none"> • Repeat, repeat, repeat! Repetition is great for children of all ages. Repeat the songs as many times as your child(ren) likes, you'll become an expert! • Find musical instruments around your house (pots and pans work great!) and make circle time fun for everyone!

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Songs that support Role-Play		
<p>Five Little Froggies</p>	<p>Five Little Froggies, sitting on a well One look down, and down they fell. Froggies went high, froggies went low Froggies jumped everywhere to and fro!</p>	<ul style="list-style-type: none"> • For babies- pretend that your baby is the frog. Gently lift your baby up and down to replicate the frogs jumping up and down. Try doing this motion while face-to-face with your little. Babies enjoy seeing your facial expressions while bouncing. • Keep in mind for these activities, your baby should be able to hold their head up independently. • For older children- try role play being froggies leaping up and down. This can be a great song to help strengthen gross motor skills of jumping, hopping and balancing.

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<p>Let's go riding on an elevator!</p>	<p>Let's go riding on an elevator, elevator, elevator Let's go riding on an elevator... come along with me... First Floor, Second Floor, Third Floor, Fourth Floor, Fifth Floor... AND DOWN!</p>	<ul style="list-style-type: none"> For babies- Starting with the first floor, hold your baby up to stand. As you move through each floor, gently raise your baby up until you reach the fifth floor. Once reached, gently bring your baby down from the top to the bottom. For older children- You can incorporate this song into a stretching exercise. Starting with a crouch, and then gradually rising up into a big stretch. Once you have reached the top floor (fifth floor), trying reaching as high as you can to the sky, and then relax dropping your body gently to the ground. Watch it here: https://www.youtube.com/watch?v=1sOlpcEjsQ
<p>A Smooth Road!</p>	<p>A smooth road, a smooth road (bounce baby gently) A bumpy road, a bumpy road (bounce baby faster) A rough road, A rough road (bounce baby faster) A pothole! (Drop baby gently between your knees)</p>	<ul style="list-style-type: none"> This a great song that can be done on your lap and/or knees. As the song moves through the different speeds, various movements are attached to it to help reinforce the words and tempo of the song. Try singing this song using various high and low tones. This will create more excitement and thrill to the song, especially towards the pothole ending! Watch it here: https://www.youtube.com/watch?v=BkZKkwRseAE

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<p>Zoom, Zoom, Zoom</p>	<p>Zoom, Zoom, Zoom, We're going to the moon. Zoom, Zoom, Zoom, We're going to the moon. If you want to talk a trip, climb aboard my Rocketship. Zoom, Zoom, Zoom, We're going to the moon. In 5...4...3...2...1...BLAST OFF!</p>	<ul style="list-style-type: none"> • A fun way to change up this classic song can be by interchanging words within the song. For example: Zoom/ Moon changed to Fun/ Sun or Far/ Stars • Zoom, Zoom can also be used for transitions too. For example: Zoom, Zoom, Zoom, We're going to your room – to signal to your child that it's time for bed!
Closing		
<p>Circle time is over.</p>	<p>Circle time is over, is over, is over... Circle time is over, it's time to say goodbye...Goodbye!</p>	<ul style="list-style-type: none"> • It's important to include a closing song, to let your child know when an activity is ending. In this case, circle time is ending. • Incorporating these closing songs into your daily routine can also help with transitions. Try substituting "circle time is over" with any activity i.e., "play time is over." This will give your child a chance to prepare and move towards the next activity i.e., bedtime or dinner time.