Activity: Card Slot Drop

Materials: Container with lid, Playing Cards

Objective: To drop cards in cut out slot
in container

Extension: Using a different container,create
smaller size holes in lid, children can
drop smaller items (popsicle sticks/
pom poms) into smaller hole.

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Activity: Tape Balance

Materials: Tape
(Masking tape/Painters Tape)

Objective: Stick a straight line of tape on
to floor and walk along tape like
a balancing beam

Extension: Create different types of lines
such as zig zag, curvy, S- shape

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Activity: Mystery Bag

Materials: Bag, Different Objects (easy
to identify by touch eg. keys/
comb/ fork)

Objective: Have child place their hand in the
bag, describe what an object
feels like and guess what the object
is before taking it out

Extension: Adult can describe an object first
and then have child, place hand
it the bag and try to find
object described.

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Activity: Ice and Water Sensory Bin

Materials: Tub/ Bin, Ice Cubes, Water, Spoons/ Scoops , Bowls, Cups, Towel (optional)

Objective: To scoop ice from the ice water bin into the bowls and cups

Extension: Add tongs or smaller spoons/ scoops/bowls to give a bit of a challenge .

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Activity: Colour Scavenger Hunt

Materials: Paper, Different Colour
Maker/ Crayons

Objective: Draw squares of different colours on
paper. Find objects around the
house that match the colours on
the paper.

Extension: Take it outdoors. Find objects in
nature that match the colours on
the paper.

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Activity: Loose Part Faces

Materials: Any small objects around home
(Buttons/ string / sticks) Circle
Base (Paper Plate/Placemat/lid)
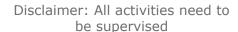
Objective: Create a self portrait face with
different objects /materials

Extension: Create different emotion faces,
Happy, Sad, Angry

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Activity: Fruit Salad

Materials: Different types of fruit, Knife, Bowl, Spoon

Objective: Peel /cut fruits into small pieces and mix together

Extension: Add cut fruit on skewer sticks to make fruit kebabs

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