

## FINE MOTOR

**Activity:** Paper Plate Lacing

**Materials:** Paper plate, Thread or Wool, Hole Punch

**Objective:** Lacing through the holes around the paper plate

**Extension:** Add string on top of the plate to use as a mobile.



## GROSS MOTOR

**Activity:** Walking on shapes

**Materials:** Paper, scissor, painters tape

**Objective:** Walking on the different shaped paper on the floor

**Extension:** Change with different physical movement (Jumping, crawling)



- Activity:** Flower Garden
- Materials:** Cupcake liners, Paper and glue
- Objective:** Creating flowers with cupcake liners and talk about spring weather and making garden
- Extension:** Create grass for the garden with green paper or color with green maker.



## SENSORY

**Activity:** Cloud Dough Fun

**Materials:** All purpose flour, Oil , A bowl ,  
Food Coloring (optional)

**Objective:** Mixing all the ingredient with  
hands and feel texture of the dry  
ingredients and the cloud dough

**Extension:** Add cookie cutters to make  
different shapes



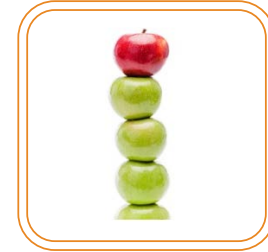
## COGNITIVE

**Activity:** Fruit Stacking

**Materials:** Fruits in the home  
(Apple, Orange...etc)

**Objective:** Experiencing how to stack fruit on top of each other and try to protect from falling.

**Extension:** Talk about colours of the fruits



**Activity:** Indoor Camping

**Materials:** Blanket, Sheets or Table Clothes, Pillows, Snacks, Other materials available at home

**Objective:** Encourage children to imagine and create the outdoor camping fun inside home

**Extension:** Take turns to read books or make own camping story.



## NUTRITION

**Activity:** Zucchini Rounds

**Materials:** Zucchini, Feta Cheese, Tomato, Salt and Pepper

**Objective:** Children can help to line up the rounded zucchini and add feta cheese and tomato on the top

**Extension:** Use soda crackers or slice bread to make a sandwich

